آشنایی با منابع نوین اطلاعات بالینی و نقش آنها در تصمیمسازی اثربخش درمانی

دکتر پیام کبیری پزشک، اپیدمیولوژیست بالینی رئیس مرکز توسعه و هماهنگی اطلاعات و انتشارات علمی معاونت تحقیقات و فنآوری وزارت بهداشت، درمان و آموزش پزشکی



Clinical Questions

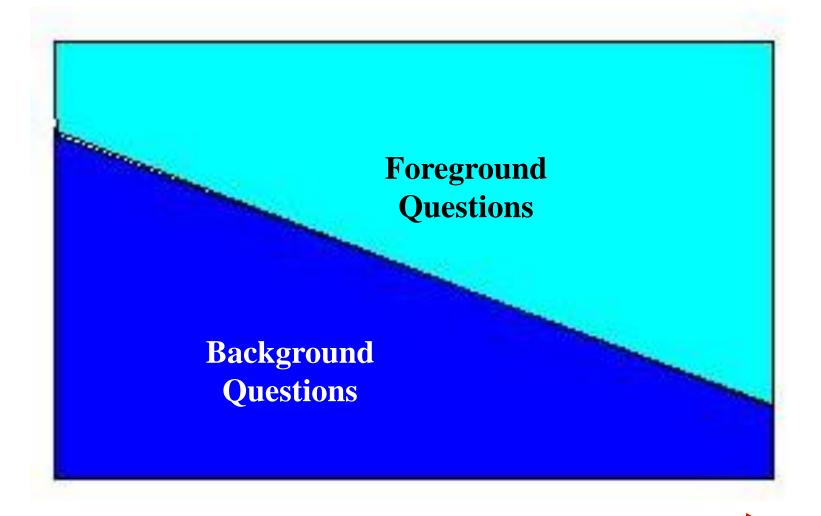
There are 2 types of Clinical Questions:

- ■Background Questions
- □Foreground Questions

w

Clinical Questions

- Background Questions
 - □ Ask for general knowledge about a disorder.
 - Two essential components: A question root (who, what, where, when, how) a disorder, or an aspect of a disorder
- Foreground Questions
 - These questions ask for specific knowledge about diagnosis, prognosis, and treating.
 The Patient and/or Problem, Intervention, Comparison & Outcome are included.



Experience with Condition

Information Resources

■ دانش پایه (Basic Knowledge)کتابها (Books)

Updated Knowledge) دانش روزآمد (Periodicals) مجلات و نشریات ادواری

انواع مقالات در علوم پزشكي

- Original Article
- Review Article
- Case Reports
- Editorial
- Short Communication (short papers)
- Letter to Editor

- مقاله پژوهشی اصیل
 - مقاله مروری
 - مقاله گزارش مورد
- سرمقاله (سخن سردبیر)
 - مقاله کوتاه
 - نامه به سردبیر

انواع مقالات مروری در علوم پزشکی

- Traditional Review Articles (Narrative Review)
- Systematic Review (Meta-analysis)

■ مقالات مروری سنتی مرور روایتی

■ مقالات مروری نظاممند مرور ساختاردار



Components of Clinical Questions

Patient/ Population

In patients with acute MI

In women with suspected coronary disease

In postmenopausal women Intervention/ Exposure

does early treatment with a statin

what is the accuracy of exercise ECHO

does hormone replacement therapy

Comparison

compared to placebo

compared to exercise ECG

compared to no HRT

Outcome

decrease cardiovascular mortality?

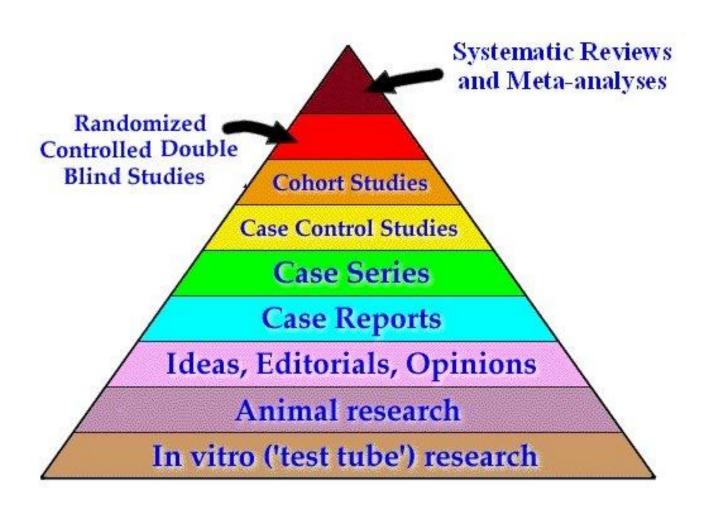
for diagnosing significant CAD?

increase the risk of breast cancer?

What is 'level of evidence'? سطوح شواهد چیست؟

The extent to which one can be confident that an estimate of effect or association is correct (unbiased).

Hierarchy of studies سلسله مراتب مطالعات



Evidence Pyramid هرم شواهد

Systematic Review

Randomized Controlled Trial

Cohort studies

Case Control studies

Case Series/Case Reports

Animal research



Levels of Evidence

Level of Evidence	Type of Study
1a	Systematic reviews of randomized clinical trials (RCTs)
1b	Individual RCTs
2a	Systematic reviews of cohort studies
2b	Individual cohort studies and low-quality RCTs
3a	Systematic reviews of case-controlled studies
3b	Individual case-controlled studies
4	Case series and poor-quality cohort and case-control studies
5	Expert opinion based on clinical experience

Adapted from: Sackett DL et al. *Evidence-Based Medicine: How to Practice and Teach EBM*. 2nd ed. Churchill Livingstone; 2000.

انواع بانکهای اطلاعاتی در علوم پزشکی

دکتر پیام کبیری پزشک، اپیدمیولوژیست بالینی رئیس مرکز توسعه و هماهنگی اطلاعات و انتشارات علمی معاونت تحقیقات و فن آوری وزارت بهداشت، درمان و آموزش پزشکی

انواع منابع اطلاعاتی در پزشکی بالینی

- Primary resources
- Secondary resources
- Tertiary resources

Primary Resources منابع اطلاعاتی اولیه

- A primary source is firsthand original research or direct evidence concerning a topic under investigation not interpreted.
- Primary resources are generally original articles that appear in peer-reviewed journals and are found primarily by searching Medline.
- Require more work to validate.
- Samples are Medline, Embase, ISI Web of Science, Scopus, ...

Secondary Resources منابع اطلاعاتی ثانویه

- Secondary sources describe or analyze the primary sources, are summaries and analyses of the evidence derived from and based on primary sources.
- A secondary source is a work that appraises, interprets or analyzes.
- Already reviewed, less work to validate.
- Samples are Clinical Evidence, ACP Journal Club, and Cochrane Library, EBMR.

Tertiary Resources منابع اطلاعاتی ثالثیه

Tertiary resources list, compile, digest or index primary or secondary sources.

 Examples of tertiary resources include UpToDate, DynaMed, TripDatabase.

M

UpToDate Level of Evidence

- There are two levels of recommendation strength (1 or 2)
 - □ Strong
 - □Weak
- There are three levels of quality of evidence (A,B,C)
 - □High
 - Moderate
 - □ Low



UpToDate Level of Evidence

1. Strong recommendation: Benefits clearly outweigh the risks and burdens (or vice versa) for most, if not all, patients

 2. Weak recommendation: Benefits and risks closely balanced and/or uncertain

Clinical Key www.clinicalkey.com

ClinicalKey® Lead with answers.

All Types ∨

Search for diagnoses, conditions, drugs and more...



Or Browse: Books Journals More V

دسترسی به مجموعه کتاب، مقاله، فیلم آموزشی، Clinical Key .. گایدلاین، مدلاین و ..

- مجموعه Clinical Key از بخش Health ناشر Elsevier است که یک منبع Clinical Decision Making محسوب می شود.
 - این مجموعه شامل بخشهای زیر است:
 - □ کتابهای مرجع بالینی و پایه
 - 🗆 مجلات
 - □ مدلاين
 - □فیلمهای آموزشی
 - ابانک اطلاعاتی دارویی \Box
 - □دستنامههای آموزش بیماران

■ +1,400 Topic Pages

□ Quick clinical answers and summaries from Conn's Current Therapy, Goldman's Cecil Medicine, Ferri's Clinical Advisor and First Consult

■ +1,200 Books

□ Elsevier's world-renowned medical and surgical books, including Gray's Anatomy, Goldman's Cecil Medicine, Braunwald's Heart Disease, Campbell's Operative Orthopaedics and more

- +600 Journals
 - More than 600 top journals from Elsevier, including The Lancet and Journal of the American College of Cardiology

- +17,000 Medical and Surgical Videos
 - □ A continuously updated library of searchable video content

- +300 Procedures Consult Videos and Articles
 - Step-by-step procedural videos and articles to teach techniques or simply help clinicians refresh their skills

- +2,200,000 Images
 - □ A continuously updated library of searchable images from trusted books and journal

■ +850 First Consult Monographs

☐ Succinct, trusted clinical answers for clinicians at the point of care

■ +2,900 Drug Monographs

□ Continuously updated, with detailed information about hundreds of specific prescription drugs, over-the counter products, nutritional supplements and herbals

■ +15,000 Patient Education Handouts

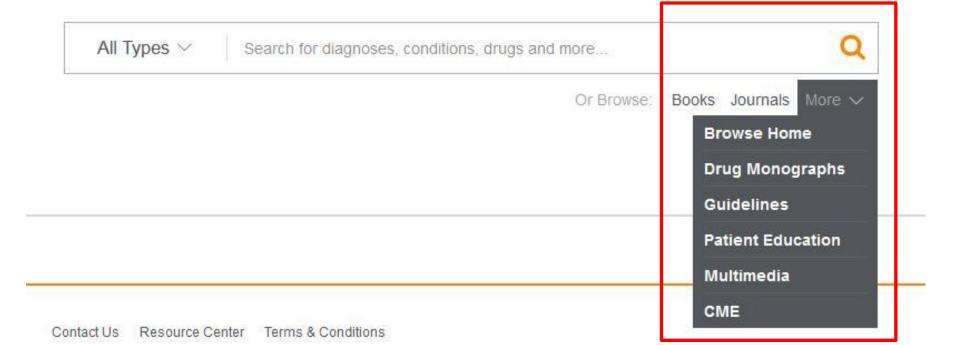
Educational handouts that can incorporate institutional branding and special instructions, as well as the patient's preferred language and text size

■ MEDLINE Abstracts

☐ Fully indexed, searchable abstracts retrieved daily from the National Library of Medicine

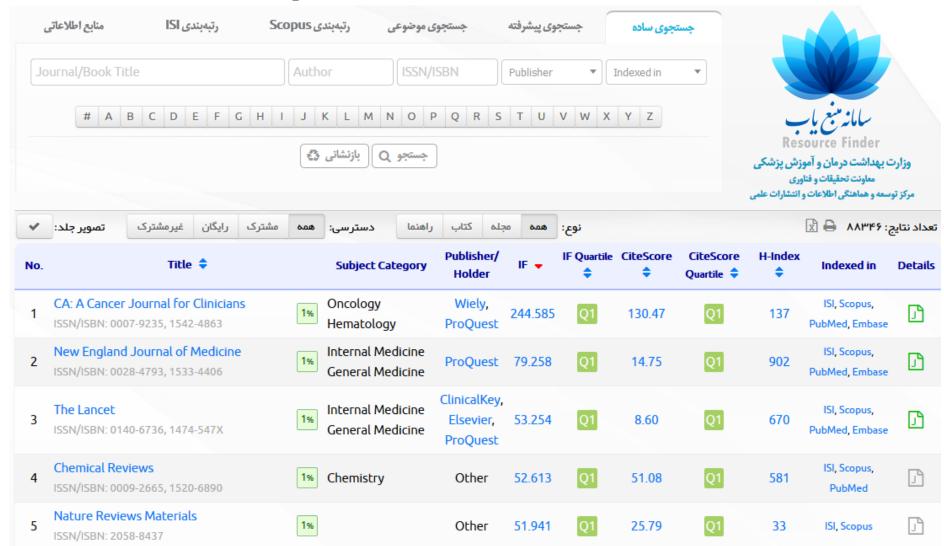
.. کتاب، مقاله، فیلم أموزشی، گایدلاین، مدلاین و .. http://www.clinicalkey.com/

ClinicalKey® Lead with answers.



سامانه منبع یاب (Resource Finder)

http://rsf.research.ac.ir/



اگر میل داشتید Email بزنید!

kabiri@research.ac.ir kabiri@behdasht.gov.ir